

**Trinity Area School District Template for
Curriculum Mapping**

Course: Health Grade: 8th Designer(s): Travis Buri	Overview of Course (Briefly describe what students should understand and be able to do as a result of engaging in this course): The purpose of this course is to prepare students to lead a healthy lifestyle that will foster overall well being. The material covered includes nutrition, reproduction, pregnancy, adolescence/adulthood, and sexually transmitted infections. With the implementation of several different aspects such as group activities, interactive games, real life examples and lecture, students will achieve a high level of lifelong health.
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Overarching Big Ideas, Enduring Understandings, and Essential Questions

Big Idea	Standard(s) Addressed	Enduring Understanding(s)	Essential Question(s)
Physical	10.1.8.A 10.1.8.B 10.1.8.C 10.1.8.D 10.2.8.B 10.2.8.D 10.2.8.E 10.4.8.A 10.4.8.B	Properly caring for your body can lead to a long and healthy life.	How can properly caring for your body lead to a long and healthy life?
Mental	10.1.8.A 10.1.8.B 10.1.8.C 10.1.8.D 10.2.8.D 10.2.8.E 10.4.8.B	You can live a happy and healthy life by knowing who you are and how you develop.	How can knowing yourself lead to a healthy life?
Social	10.1.8.A 10.1.8.B 10.1.8.C 10.1.8.D 10.2.8.E	Understanding family forms and how family members should interact with each other can lead to a healthy family environment.	How could choosing to use drugs or alcohol now effect your life? How could choosing to use drugs or alcohol later effect your life?

Big Ideas, Enduring Understandings, and Essential Questions Per Unit of Study
(These do NOT “spiral” throughout the entire curriculum, but are specific to each unit.)

Month of Instruction	Title of Unit	Big Idea(s)	Standard(s) Addressed	Enduring Understanding(s)	Essential Question(s)	Common Assessment(s)*	Common Resource(s)* Used
Week 1 & 2	Nutrition	Physical	10.1.8.C 10.2.8.B 10.2.8.D 10.4.8.A 10.4.8.B	Maintaining proper nutrition will greatly reduce the chances of many diseases as well as improve the quality of your life.	What aspects of your diet can be changed to provide your body with proper nutrition?	Active Expressions Nutrition Log Summative Assessment	Prentice Hall Health Book www.WebMD.com www.choosemyplate.gov www.supertracker.usda.gov
Week 3 & 4	Endocrine System	Physical	10.1.8.A 10.1.8.B 10.2.8.D	Knowing how to care for the reproductive system properly will greatly increase overall health.	What lifestyle changes can you make to ensure your reproductive health?	Active Expressions Diagram Labeling Summative Assessment	Prentice Hall Health Book www.WebMD.com
Week 5 & 6	Pregnancy & Childbirth	Physical Mental	10.1.8.A 10.1.8.C 10.1.8.D 10.2.8.E	Understanding pregnancy and the birth process will make many life events for you and people you know easier to understand and experience.	How can you help someone who is pregnant?	Active Expressions Summative Assessment	Prentice Hall Health Book www.WebMD.com www.mhhe.com
Week 6 & 7	Adolescence & Adulthood	Mental Social	10.1.8.A 10.1.8.B 10.2.8.D 10.4.8.B	During adolescence and adulthood there are many challenges that if properly prepared for, are much easier to cope with well.	What are some challenges that you think you could possibly face in you adulthood and how would you deal with	Active Expressions Summative Assessment	Prentice Hall Health Book www.WebMD.com

					them?		
Week 8 & 9	Sexually Transmitted Infections	Physical	10.1.8.E 10.2.8.D	Choosing to remain sexually abstinent is the only way to be sure not to contract a sexually transmitted infection.	What would you do if one of your friends was being sexually active?	Summative Assessment	Prentice Hall Health Book www.WebMD.com http://hpv.emedtv.com

* Some teachers may need to think about the assessments and resources used in order to determine the Big Ideas, Enduring Understandings, and Essential Questions embedded in their courses. At this point in your curriculum mapping, you might want to ignore the “Common Assessments” and “Common Resources Used” columns. However, you may use them if you wish.